

protein options

protein options include: chicken, beef, brisket, bbq pork, squid, shrimp, tofu, pork belly, or veggies.

boba 6.50

flavors
coffee, taro, milk tea, matcha, thia tea, peach, passion fruit, lychee, mango, strawberry, honeydew, dragonfruit, avocado, brown sugar, and coconut

options
blended or over ice with tea
half & half or coconut milk

toppings
tapioca pearls or popping boba

desserts . . 11.50

fried banana
Four crispy fried banana pieces wrapped in egg roll wrappers, with ice cream plus caramel and chocolate syrup drizzle.

sticky rice mango (gf)
Coconut sticky rice topped with sweet mango and coconut syrup.

sides 4

sticky rice, steam rice, stir fry veggies, vermicelli noodles, pho noodles, cucumber salad, fried eggs, broccoli, lao slaw

laab (gf) 🌶️ 14 | 18
Traditional Lao dish with the choice of chicken, pork, or beef* (includes tripe), mint, cilantro, onions, rice powder, fish sauce, lime, and Thai chili peppers Served with a side.

tofu laab (gf) 🌶️ 14 | 18
Traditional Lao dish with tofu, mint, cilantro, onions, spices, fish sauce, lime, Thai chili peppers, cabbage, and pickled carrot & daikon mix.

seafood salad/
yam seafood (gf) 🌶️ 14 | 18
Traditional Lao salad with squid, shrimp, cilantro, onions, fish sauce, lime, Thai chili peppers, cucumbers, and pickled carrot & daikon mix. Served with a side.

grilled pork chops/
biing moo (gf) 15 | 20
Marinated grilled pork chops with Grandma's seasoning. Served with a side.

ginger chicken 18
Steamed chicken leg quarter topped with ginger, onions, and Grandma's sweet soy sauce. Served with a side.

phorrito 🌶️ 14
A special Sticky Rice Cafe dish! Flour tortilla filled with beef, rice noodles, bean sprouts, cilantro, onions, sriracha, and hoisin sauce. Served with Pho broth.

stir fry vegetables
(veg·gf) 14 | 18
Cabbage, bok choy, carrots, zucchini, and bamboo stir-fried with your choice of protein. Served with a side.

papaya salad/tham
mak houn (gf) 🌶️ 10
A traditional Lao dish with a bold, spicy, sweet, and umami flavor! Fresh green papaya, tomatoes, fish sauce, shrimp paste, fermented fish sauce, lime juice, and hot chili peppers. Served with a side.

panang curry (veg·gf) 🌶️ 18
Creamy coconut curry with your choice of protein, carrots, and broccoli. Served with a side.

curry plate (veg·gf) 🌶️ 18
Green beans, zucchini, carrots, bamboo shoots, onions, and basil in your choice of green or yellow curry (not gf) with your choice of protein. Served with a side.

pad kee mao (veg) 🌶️ 18
Thick rice noodles stir-fried with onions, chinese broccoli, and your choice of protein in a savory, spicy sauce (contains oyster sauce). No side.

grandma's
fried rice (veg) 14 | 16
Fried rice with eggs and your choice of protein, seasoned with Grandma's special soy sauce. No side.

grandma's
fried noodles (veg) 14 | 16
Fried rice noodles with eggs and your choice of protein, seasoned with Grandma's special soy sauce. No side.

specialties

Please notify us of any food allergies or sensitivities.

soups

pho (gf) 13 | 15
Rice noodles in a rich beef broth, with your choice of chicken, beef combo (rare round-eye, brisket, and meatballs), or seafood (shrimp and squid). Garnished with onions and cilantro.

kow pek (gf) 14 | 16
Homemade rice noodles and your choice of protein in our famous chicken broth. Garnished with onions, cilantro, and garlic oil.

kow poon (veg·gf) 🌿 13 | 15
Vermicelli noodles, bamboo, and your choice of protein in a spicy red coconut curry broth.

meekatee (veg·gf) 🌿 14 | 16
An elevated version of Kow Poon! Rice noodles, bamboo, and pork belly in a spicy coconut curry broth, finished with an egg swirl. Garnished with onions, cilantro, and garlic oil.

egg drop (gf) 4 | 8.50
Grandma's take on a classic—our Kow Pek broth with an egg swirl.

starters

fried egg rolls (veg) 6.50 | 9
Crispy fried egg rolls, filled with chicken, pork, or vegetables. Served with Grandma's Sweet & Spicy Fish sauce.

crab rangoons 8
Crab and cream cheese wonton. Served with Grandma's Sweet & Spicy Fish sauce.

lao beef carpaccio* 🌶️ 7.50
Thinly sliced raw beef, topped with cilantro, onions, and Carpaccio Sauce.

fried salmon bites (gf) 13
Deep-fried salmon bites, marinated with Grandma's seasoning. Served with sweet chili sauce.

chicken satay (gf) 13
Three grilled chicken skewers, marinated with Grandma's seasoning. Served with Satay sauce (contains peanuts).

protein options
include: chicken,
beef, brisket,
bbq pork, squid,
shrimp, tofu,
pork belly, or
veggies.

lao cuisine
monday-saturday
11 a.m. - 9 p.m.



fresh spring rolls (veg·gf) 6.50 | 9
Clear rice paper filled with lettuce, cilantro, noodles, and your choice of shrimp, grilled BBQ pork, tofu, or vegetables.

fried chicken skin/ chuenh nang gai (gf) 12.50
Deep-fried marinated chicken skins. Lao Style, Sweet & Spicy Cajun, or Thai Chili Tamarind.



sharing plates

fried quail/chuenh nok (gf) 12.50
Deep fried quail, marinated with grandma's seasoning.

lao sausage/sai gouage (gf) 🌶️ 14
Traditional pork sausage, filled with fresh herbs and Thai chili peppers. Served with a side.

chicken wings/ chuenh beek gai (gf) 🌶️ 14
Best wings in Knoxville! Deep-fried chicken wings, marinated with grandma's seasoning. Spicy Dry Rub, Lao Style, Hot, Sweet Chili, Thai Chili Tamarind, or Garlic Pepper.

noodle bowl (veg·gf) 14
Dry vermicelli noodle bowl with lettuce, cilantro, bean sprouts, pickled carrot & daikon mix, cabbage, cucumber, and your choice of protein. Served with Peanut sauce or Grandma's Sweet & Spicy Fish sauce.

sticky house salad (veg·gf) 14
House salad with your choice of protein, tossed in a sweet garlic vinaigrette.

lao sandwich/kow jie pate (veg) 8.50
Toasted French bread filled with cilantro, cucumber, pickled carrot & daikon mix, lettuce, and your choice of protein.

crispy rice with sour pork sausage/nam kow* (gf) 🌶️ 12.50
Rice seasoned with curry, coconut, and herbs, deep-fried to crispy perfection, then tossed with nam (a traditional cured pork sausage), fresh lime, green onions, cilantro, and topped with peanuts.

gma's sauces
16 oz jars

grandma's hot (gf) 🌶️ 25
A spicy and slightly sour sauce made with fresh peppers, ginger, fish sauce, garlic, and lime.

grandma's sweet & spicy fish (gf) 🌶️ 20
A sweet and spicy sauce made with fresh peppers, fish sauce, garlic, and sugar.

steak sauce (veg) 🌶️ 20
A tangy sauce with soy sauce, vinegar, dry chili, garlic oil, cilantro, and green onions.

buffalo hot (veg·gf) 🌶️ 15
Our spicier take on classic Frank's Buffalo Sauce.

jeow bong/ lao chili paste 🌶️ 30
Traditional Lao sauce made with fresh peppers and herbs. Spicy and savory.

peanut sauce (veg) 15
Savory-sweet sauce made with peanut butter. Contains peanuts.

grandma's chili garlic oil (veg·gf) 🌶️ 25
Classic, spicy chili oil made with fresh peppers and garlic oil, perfect for pairing with almost anything!

grandma's sweet soy sauce (veg) 10
Classic soy sauce with a hint of sweetness and aromatics.

carpaccio sauce 🌶️ 25
Grandma's sweet soy sauce with fresh lime juice, Grandma's hot and dry chili.

sweet chili sauce 🌶️ 20
Sweet, spicy, and tangy sauce with a thick consistency. Best paired with wings or everything in between.

satay sauce 🌶️ 15
Peanut sauce with a hint of curry.